



BREAKFAST  
9AM – 11.30AM



## JUICES

Apple, Beetroot, Carrot, Ginger 389 kcal	6.5
Passion Fruit, Apple, Ginger 271 kcal	7
Cucumber, Kale, Apple, Lemon 194 kcal	7
Fresh Orange Juice 234 kcal	5.5
Apple Juice 255 kcal	4.5

## BAKERY

Home Baked Croissant 302 kcal	3.5
Pain Au Chocolat 296 kcal	3.5

## FRUIT & GRAINS

Seasonal Fruit Plate 229 kcal	7.5
Scottish Oat Porridge 812 kcal <i>choice of banana, berries, or honey</i>	5.5
Vegan Scottish Oat Porridge (vg) 743 kcal <i>oat milk, choice of banana, berries, or maple syrup</i>	6.5
Granola 653 kcal <i>natural yoghurt, fruit compote or honey</i>	5.5
Vegan Granola (vg) 1258 kcal <i>choice of coconut or soya yoghurt fruit compote or maple syrup</i>	7

## BIG PLATES

Avocado Sourdough Toast (vg) <i>spinach, green tomato, onions, chili salsa 644 kcal</i>	12
English Garden Breakfast (v) 1207 kcal <i>avocado, halloumi, 2 eggs, beans, mushroom, toasted sourdough</i>	15.5
Bluebird's Full English 1253 kcal <i>choice of fried, 2 eggs, bacon, sausage, black pudding, beans, tomato, mushroom, toasted sourdough</i>	15.5

## TEA & COFFEE

Espresso 64 kcal, Macchiato 153 kcal,	3.5
Ristretto 64 kcal	
Double Espresso 64 kcal, Americano 120 kcal	4
Latte 268 kcal, Cappuccino 262 kcal,	4.25
Flat White 269 kcal	
Mocha, Hot Chocolate 385 kcal	5
Teas By Brew Tea Co	4.5
<i>English Breakfast, Earl Grey, Fresh Mint, Green, Lemon &amp; Ginger</i>	

Blueberry Muffin 357 kcal	4
Toast & Jam	4
<i>White bread 585 kcal Brown bread 557 kcal</i>	

## EGGS

Eggs Any Style 429 kcal <i>rare breed eggs, toasted sourdough</i>	6.5
Eggs Benedict 854 kcal	13.5
Florentine 742 kcal	14
Royale 878 kcal	15.5
Loch Fyne Smoked Salmon 742 kcal <i>Burford brown scrambled eggs, toasted sourdough</i>	15
Bacon 749 kcal or Sausage Brioche Bap 671 kcal <i>fried egg, bacon, or Cumberland sausage, spicy tomato, ketchup, or brown sauce</i>	8

## EXTRAS

Halloumi 417 kcal – 3.5
Mushrooms 202 kcal – 3.5
Avocado 310 kcal – 3.5
Slow Roasted Tomato 21 kcal – 3.5
Black Pudding 333 kcal – 3.5
Smoked Salmon 207 kcal – 4.5
Cumberland Sausage 478 kcal – 3.5
Streaky Bacon 542 kcal – 3.5
Extra Egg 218 kcal – 1.5
Toast 525 kcal – 1.5

